

CONTACT INFORMATION SHEET

ABUSE:

If you or someone you know is being abused, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|--|-------------|---|--|
| Connect: Family and Child Abuse Network | Everyone | Information, hotline, other links | Information on domestic abuse, relationship abuse and sexual abuse with a confidential hotline |
| Kids Help Phone | Kids, Teens | information, support | Violence and Abuse, Bullying, Friends, Dating, Family, Sexual Orientation, School, Physical/Emotional Health, Internet, Money and Jobs. Confidential place for them to talk |
| Government of Alberta: Family Violence Prevention | Everyone | Information, other links | Information on family violence and where to get help, list of emergency shelters, important numbers |
| Alberta Health Services: Alberta Children's Hospital | Parents | Information, phone numbers | Child Abuse Service |
| Canada Safety Council | Everyone | Information, helpful tips <ul style="list-style-type: none"> • Traffic • child • workplace • home • senior | Minimize avoidable death, injury, and damage to property by devising, recognizing, encouraging and promoting methods and procedures leading to improved safety, protection and health among all persons in public and private places throughout Canada |
| Block Watch | Everyone | Information, other links | Personal safety, seniors, child, home, automobile safety, identity theft, graffiti/ vandalism |

ADDICTIONS:

If you or someone you know is being impacted by addictions, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

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|---|-------------------|---|---|
| Alberta Health Services 209 Center Ave W Airdrie | Adults/Youth | Counseling | Adult: Short-term adult outpatient treatment services include individual, family and group counselling for those with alcohol, other drug or gambling concerns Youth: Dedicated to helping adolescents develop a lifestyle free from the abuse of alcohol, tobacco, other drugs and gambling. Work with youth, their families, key influencers, professionals and the larger community to address a full range of information, prevention and treatment concerns related to adolescents and addictions |
| Alcoholics Anonymous Calgary | Everyone | Information on where to find a meeting, numbers | Calgary site for alcoholics anonymous |
| Calgary and Area Addiction Services Guide | Everyone | Information, directory | Lists different addiction services for adult/youth/aboriginal etc. and programs offered at each |
| Addiction and Mental Health | Everyone | Information, support, programs | Important phone numbers, information, support, programs and services for those struggling or those looking to get additional supports. |
| Addiction No More | Everyone | Information, online referral system | Information on different addictions, online referral connects addicts to support services near them |
| Drug Abuse in Middle Schools | Youth & Parents | Information, support | Educating the general public about the dangers of heroin addiction, and more importantly where to go for help |
| The Recovery Village | Everyone | Information, Support | Provides comprehensive alcohol and drug rehab programs, as well as co-occurring mental health issues. Addresses the biological, psychological, and social needs of every patient. |
| SORCe | Vulnerable People | Referrals | Offers a one stop shop to community agencies to vulnerable people (mental health, poverty, addictions) |
| Street Drugs | Everyone | Information | Information about drugs and their effect on the body |

ASSAULT:

If you or someone you know has been assaulted, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|---------------------------------------|-------------|---|--|
| Kids Help Phone | Kids, Teens | information, support | Violence and Abuse, Bullying, Friends, Dating, Family, Sexual Orientation, School, Physical/Emotional Health, Internet, Money and Jobs. Confidential place for them to talk |
| Canada Safety Council | Everyone | Information, helpful tips <ul style="list-style-type: none"> • traffic • child • workplace • home • senior | Minimize avoidable death, injury, and damage to property by devising, recognizing, encouraging and promoting methods and procedures leading to improved safety, protection and health among all persons in public and private places throughout Canada |
| Block Watch | Everyone | Information, other links | personal safety, seniors, child, home, automobile safety, identity theft, graffiti/ vandalism |

BULLYING:

If you or someone you know is being bullied, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|---------------------------------|-------------|------------------------------------|---|
| Kids Help Phone | Kids, Teens | information, support | Violence and Abuse, Bullying, Friends, Dating, Family, Sexual Orientation, School, Physical/Emotional Health, Internet, Money and Jobs. Confidential place for them to talk |
| Bullying Canada | Victims | Information, support and resources | Information on types of bullying, how to deal with bullying, support people to talk to |



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|---|-------------------------|---|--|
| Government of Alberta: Bully Free Alberta | Parents/Teens (Victims) | Information, other links | Preventing bullying and information for those who are or know someone who is being bullied |
| Government of Alberta: Calgary and Area Child and Family Services | Everyone | Information, other links, numbers | Provide a wide range of services to strengthen families and keep children and youth safe and protected |
| B-Free | Youth | Information, videos, numbers, other links | Government of Alberta website with information on bullying and how to stand up to bullies |
| Team heroes | Kids (elementary) | Information, videos, numbers | Kid site for bullyfreealberta.ca |
| Stand Up 2 Bullying | Everyone | Information, tips | bullying defined, tips for parents, school and quizzes for kids |
| KidsHealth: Bullying | Everyone | Information, personal accounts | Helping kids deal with bullies, site for parents, kids and teens |
| Stop Bullying | Everyone | Information | American Site but lots of good information for parents on how to talk to kids about it |
| CyberBullying | Everyone (parents) | Information, other links | Tips on how to prevent cyber bullying |
| Canada Safety Council | Everyone | Information, helpful tips <ul style="list-style-type: none"> • traffic • child • workplace • home • senior | Minimize avoidable death, injury, and damage to property by devising, recognizing, encouraging and promoting methods and procedures leading to improved safety, protection and health among all persons in public and private places throughout Canada |
| Block Watch | Everyone | Information, other links | personal safety, seniors, child, home, automobile safety, identity theft, graffiti/vandalism |

DEATH AND GRIEVING:

If you or someone you know has been impacted by death and grief, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.



Website Name Who is this for? Type of Support Description

| | | | |
|---|-------------|------------------------------|---|
| Kids Help Phone | Kids, Teens | information, support | Violence and Abuse, Bullying, Friends, Dating, Family, Sexual Orientation, School, Physical/Emotional Health, Internet, Money and Jobs. Confidential place for them to talk |
| The Compassionate Friends of Canada | Parents | FAQs, information | Supporting a family after a child dies Location in Calgary |
| Mothers In Sympathy and Support | Parents | Information in blog format | Support for those who have lost a child during pregnancy, birth, infancy or early childhood |
| Talking to Children about Death | Parents | Information | Information and guidance on talking to children about death |
| Grief Support Services: Calgary | Victims | Information, support numbers | Individual counselling, grief support groups and education |
| Hospice Calgary | Victims | Information, support numbers | Support Groups and Counseling: youth (up to 18) and their parents through life threatening illness and anticipated, sudden or accidental death |
| Office of the Chief Medical Examiner | Victims | Information, other links | role of the medical examiner |
| Canada Pension Plan Survivors Pension | Survivor | Information | Provides a monthly pension to the surviving spouse, common-law partner or children of a deceased contributor. Information on eligibility and how to apply |
| Twin less Twins | Victims | Information, support | Support group from Eastern Canada |
| Centre for loss in multiple birth (CLIMB) | Victims | Information, support | Reading materials from people who have experienced the loss of a twin, |
| Focus Helps | Everyone | Information, other links | Bible based support for those dealing with a loss |
| Grieving Support Resources | Everyone | Information, other links | Guide to grieving support resources |
| Grief Share | Everyone | Information, support | Grief Recovery Support Groups (several located in Calgary) Christian based |
| Share: Pregnancy and Infant Loss Support | Everyone | Information | Good brochures on early pregnancy loss, stillbirth, loss of a newborn, understanding the grief process |
| Grief Recovery Online for all Bereaved | Everyone | Online Support | Chat room open to anyone seeking grief recovery support in the online world |



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| Alive Alone | Parents | Information | Death of a child: suggestions to take care of self, answering questions, handling friends/relatives |
| Baby steps- Bereavement | Everyone | Information, support | Help those who have lost a child, have bereavement sharing rooms, remembrance rooms and resource room |
| Trauma Scene Bio Services | Everyone | Information | Offers Complete Cleanup, Biohazard Remediation Services, Decontamination, and Sanitation of Homicides, Suicides, Hoarding, Accident or Crime Scenes including Fentanyl and other illicit drug lab and vehicle remediation. |
| Pet Loss | Pet Owners | Information, support, other links | Website for pet owners who are grieving over the death of a pet or an ill pet |
| Association for Pet Loss and Bereavement Website | Pet Owners | Information | Information on grieving, talking to kids about pet loss, euthanasia |
| Pet Loss Support Page | Pet Owners | Information, support | Lots of information on preparing for pet death and how to cope after. |

DOMESTIC VIOLENCE:

If you or someone you know is been impacted by domestic violence, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|---|----------|--------------------------|---|
| Connect: Family and Child Abuse Network | Everyone | Information, hotline | Information on domestic abuse, relationship abuse and sexual abuse with a confidential hotline |
| Alberta Council of Women's Shelters | Victims | Information | 1-866-331-3933 (to find shelter nearest you or for more information) |
| Government of Alberta: Family Violence Prevention | Everyone | Information, other links | Information on family violence and where to get help, list of emergency shelters, important numbers |



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| Calgary Domestic Violence Collective | Everyone | Information, Support, other links | Information on leaving/staying in abusive relationships, help numbers, links to shelters |
| Calgary Women's Emergency Shelter | Everyone | Information, other links | Information on how to get and give help, important numbers |
| Sonshine Community Services | Website: Everyone Counseling: Victims | Information, Support, other links | One-year residential facility with counseling and supportive services for women and children fleeing domestic violence, provides a safe place for women and children to live during a time of transition; also services for those not in the program: counseling, safety planning, assistance in accessing community resources; Community and family services: provides individuals and couples in Calgary access to professional counselors |
| YWCA Calgary | Victims | Information, programs | Programs and services offered for those affected by family violence. Shelter's, housing, counselling, language and child care support. |
| Calgary Humane Society | Victims | Information, numbers | Emergency Pet Boarding- referred by a social worker, police, ems or fire. |
| Home Front Calgary | Victims | Information, other links | Breaking the cycle of domestic violence |
| Calgary Immigrant Women's Association | Victims | Support, other links | Recognizes, responds and focuses on the unique concerns and needs of immigrant/refugee women, girls and their families |
| Government of Alberta: Calgary and Area Child and Family Services | Everyone | Information, other links, numbers | Provides a wide range of services to strengthen families and keep children and youth safe and protected |
| Government of Alberta: Children and Youth | Everyone | Information, other links, numbers | Family violence information hotline, goal of family violence prevention |
| Kerby Center for the 55+ | Seniors | Information, numbers | Shelter information and support for older adults |
| Women's Centre of Calgary | Women | Information | Helping women have their basic needs met, domestics if women leaving and need help |
| Peer Support Services for Abused Women | Women | Information, support programs | For women who are, or are at risk of, experiencing abuse, "moving on with mentors" individual support to women who are attempting to leave an abusive relationship |



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| Inn From The Cold | Families | Information, Support | For those who are experiencing homelessness due to a domestic violence situation (as well as other circumstances) try to get families into housing and connect to other resources- emergency shelter |
| Alberta Works | Low Income, Unemployed, Victim of DV | Financial Aid | Offers employment services, income support, health benefits, training supports, & financial support for Albertans feeling abusive situations |
| Department of Justice Canada | Parents | Information | A guide to parenting arrangements after separation or divorce |

ELDER ABUSE:

If you or someone you know is being abused, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

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| Alberta Elder Abuse Awareness Network | Seniors | Information, support, other numbers/links | Network dedicated to increasing awareness and supporting a community response to elder abuse |
| Kerby Center for the 55+ | Seniors | Information, numbers | Shelter for older adults, helps older people who are abused |
| Government of Alberta: Senior Supports through Alberta Health | Seniors | Information | Abuse prevention, fraud awareness, financial assistance |
| Nurse Next Door | Seniors | In home care | Provides senior home care |
| Calgary Seniors Resource Society | Seniors | Information, phone numbers | CSRS Outreach Workers assist hundreds of seniors per month with things like pensions and benefits, housing and home care support, or personal/family crisis |
| Nursing Home Abuse & Elder Abuse | Seniors, Family | Information, support, statistics, prevention | Provides free resources and support for seniors and family members who have been affected by senior abuse. |
| Alzheimer's Society | Anyone living with or caring for someone with dementia. | Information, Referrals, Research News, Connect with Others | Offers programs & services for dealing with dementia or Alzheimer's |

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| Service Canada | Seniors, Family | Financial information | What every older Canadian should know about POWERS OF ATTORNEY (for financial matters and property) and Joint Bank Accounts |
| Seniors Guidebook to Safety and Security | Seniors, Family | Information | This information is directed towards the community and, more specifically, seniors and their care givers in recognizing elder abuse, safety concerns, frauds, and scams. |

FAMILY ISSUES:

If you or someone you know is struggling with family relationships and communication, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|---|----------------------------|---|--|
| Woods Homes | Everyone | Information, support numbers | servicing children and their families; crisis and counselling; 24/7 Community Response Team; Eastside Family Center- walk in counselling |
| Parent Support Association | Parents | Information, support, other links | Parents helping parents to navigate conflict with their teens and youth through professionally-guided peer group programs and services. PSA provides self-help support groups, parent education and resources |
| Cornerstone of Hope | Parents | Information on programs, other links | Rainbow program: support for children (also programs for adolescents) Divorce Care: support groups for parents going through a separation. Just Me & The Kids: building healthy single parent families (Bible based) |
| Alberta Network for Safe and Healthy Children | Everyone | Information, other links | Information for parents on children exposed to family violence, infant crying, and positive disciplines |
| Centre for Youth Crime Prevention | Youth (plus a parent site) | Information, education, other links, prevention | Aims to help youth realize their full potential by promoting positive relationships with family, friends and members of the community. Main goal is to provide resources |



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| | | | to help youth make healthy, informed lifestyle choices and to encourage youth to think critically about issues and get involved in their communities. Parent site includes tips for how to talk to youth |
| Canada Safety Council | Everyone | Information, helpful tips <ul style="list-style-type: none"> • traffic • child • workplace • home • senior | Minimize avoidable death, injury, and damage to property by devising, recognizing, encouraging and promoting methods and procedures leading to improved safety, protection and health among all persons in public and private places throughout Canada |
| Block Watch | Everyone | Information, other links | personal safety, seniors, child, home, automobile safety, identity theft, graffiti/vandalism |
| Hull Family Services | Kids, Teens, Families | Behavioral & Mental Health Services | Prevention, early intervention, counselling, residential & out patient treatment for struggling families & children. |
| Department of Justice Canada | Parents | Information | A guide to parenting arrangements after separation or divorce |
| Families Change | Everyone | Information | Helping, kids, teens and parents deal with a family break up. |

FIRE:

If you or someone you know has been impacted by a residential fire, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

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| Red Cross Canada | Victims | Information | How the Red Cross can help a family after a disaster, their number for house fire assistance |
| Home Fire Prevention | Everyone | Information | Learn how your family can prevent home fires, escape a home fire in 2 minutes and home fire recovery. |

VICTIMS OF CRIMES PROGRAMS:

If you or someone you know has been a victim of a crime, the following links may be of interest to you. For further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|--|-------------------|--------------------------|--|
| Government of Alberta: Solicitor General and Public Security | Everyone | Information | General website |
| COURT SUPPORT | | | |
| Canadian Resource Center for Victims of Crime | Everyone | Information | Deals with rights, services and financial assistance |
| Financial Benefits | Victims | Information | Online Financial Benefits Pamphlet and Applications for both Injury and Death |
| Financial Benefits Program – Injury Application | | | |
| Financial Benefits Program – Death Benefit Application | | | |
| Restitution | Victims | | Information about applying for Restitution |
| Restitution Information Brochure | | | |
| Request for Restitution Form | | | |
| Victim Impact Statement | Victims | | Online Victim Impact Statement Pamphlet and Statement form |
| Victim Impact Statement Information Pamphlet | | | |
| Victim Impact Statement Form | | | |
| Victims of Crime Protocol | Crime Victims | | Online Protocol Booklet |
| Policy Center for Victim Issues (department of justice) | ADVAS and Victims | Information, other links | Publications and products section contains relevant information on the justice system, federal corrections and parole, youth justice system. |
| PAROLE/CORRECTIONS | | | |
| Victims Services at Correctional Service Canada | Victims | Information. Other links | Program seeks to provide victims of federal offenders with timely information about the offender who harmed them |

HOMICIDE:

If you or someone you know has been impacted by a homicide, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|---|---------------------------|--------------------------|--|
| Office of the Chief Medical Examiner | Victims | Information, other links | Role of the medical examiner |
| Canadian Parents of Murdered Children | Parents | Information, other links | Survivor Support Information, bottom link is for homicide survivors: dealing with grief |
| If the Media Calls: A guide for Crime Victims & Survivors | Crime Victims & Survivors | Information | This Guide is intended to help crime victims and survivors work effectively and comfortably with the media (or to decline to do so). Interacting with the media following victimization is a significant decision for crime victims as media exposure can positively or negatively impact your recovery process. |

MENTAL HEALTH:

If you or someone you know is being impacted by mental health issues, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|--|----------|-------------------------------------|--|
| Canadian Mental Health Association: Calgary | Everyone | Information, programs, other links | Connection to specialized services, information, support groups, health care providers and other resources |
| Got A Brain | Youth | Information, resources, other links | Mental Disorders, Suicide/Self harm, stress, how/where to get help |
| Canadian Coalition for Seniors Mental Health | Seniors | Education, Resources | There are guides for families/ those interested in mental health |



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| Addiction and Mental Health | Everyone | Information, support | Important phone numbers, information, support, programs and services for those struggling or those looking to get additional supports. |
| Mental Health Helpline | Everyone | 24/7 Support | Provides 24/7: confidential, anonymous service, crisis intervention, information about mental health programs and services, referrals to other agencies if needed |
| Bluewave: Its ok to be blue | Youth | Information, resources | Helping youth deal with mental health issues; info on anxiety, depression and substance abuse |
| Schizophrenia Society of Alberta | Everyone | Information, support | Supporting those affected by Schizophrenia as they lead fulfilling and meaningful lives |
| SORCe | Vulnerable people | Referrals | Offers a one stop shop to community agencies to vulnerable people (mental health, poverty, addictions) |

MISSING CHILDREN:

If you or someone you requires information regarding missing children, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|--|-------------------|------------------------------------|--|
| Missing Kids | Secondary Victims | Information, support and resources | Offer families support in finding their missing child and provide education materials to help prevent children from going missing |
| Missing Children Society of Canada | Everyone | Information, support, other links | Information on missing children, what to do etc. |
| National Center for Missing and Exploited Children | Everyone | Information, resources | Serve as resource on the issues of missing and sexually exploited children |
| Federal Income Support for Parents of Murdered or Missing Children grant | Parents | Financial grant | This website provides information on whether a parent(s) is eligible to receive the PMMC (Parents of Murdered or Missing Children) income support grant. |



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| A Guide for Community Leaders: Re-establishing Safety within a Community | Community Leader | Information | This information is directed towards community leaders in the event a child of the community has been victimized. |
| A Guide for Families: Restoring Community Connections | Families of Missing Children | Information | Explores what you need to do, potential impact on children, behaviors you may observe in your child, and things to do to help your child process the situation when an abduction or other trauma has happened in your community. |
| A Guide for Families: How to respond to a child abduction that has occurred within your community | Families of Missing Children | Advice | Information on what parents can do and how they may be feeling when a child abduction has happened within a community. |

INTERNET SAFETY:

If you or someone you know requires information regarding internet safety, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|--|----------|-------------------------------------|--|
| Text ED | Teens | Information | Teaching teens how to text safely and responsibly |
| Canadian Center for Child Protection | Everyone | Information, resources, other links | Personal safety of all children, goal is to prevent child victimization by providing programs and services to Canadians |
| Cyber Crimes | Parents | Information, other links | Protection of children through online reporting of child sexual exploitation; cyber tip's primary function is to receive and address online and telephone reports from the public regarding: child pornography, online luring, child exploitation through prostitution, travelling to sexually exploit children, child trafficking |
| National Crime Prevention Council | Everyone | Information | bullying, cell phone safety, conflict resolution, cyber bullying, disaster preparedness, drug abuse, fraud/identity theft, gang violence, hate crime, home/neighborhood safety etc..) |



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| The Door That's Not Locked | Everyone | Information: download age specific brochures | Resources and tools to help children (5-15) be safe online |
| Block Watch | Everyone | Information, other links | personal safety, seniors, child, home, automobile safety, identity theft, graffiti/ vandalism |
| ONLINE SAFETY | | | |
| Online Safety – Kids Online Safety – Teens | Parents | information, other links | Online Safety and civility, information for parents keepings kids/teens safe on the internet (noteworthy: online safety contract) |
| Perv-Proof Yourself | Youth | Information, other links | Help children and teens find helpful information about safe and responsible Internet usage |
| Need Help Now | Youth & Parents | Information, other links | Information, resources and tools to help you remove sexual pictures from the internet. |
| ThinkUKnow | Everyone: Youth 5-16 and parents | Information | Aims to make kids safer online and teaches parents how to talk to their kids about being safer online |

SEXUAL OFFENCES:

If you or someone you know has been impacted by a sexual offence, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290

Website Name Who is this for? Type of Support Description

| | | | |
|--|----------|-----------------------------------|---|
| Connect: Family and Child Abuse Network | Everyone | Information, hotline, other links | Information on domestic abuse, relationship abuse and sexual abuse with a confidential hotline |
| Calgary Sexual Health Center | Everyone | Information, support, numbers | Counselling, sexual education, information on a wide variety of topics |
| Calgary Communities Against Sexual Abuse | Everyone | Information, support, hotlines | Primary sexual violence service for Calgary and surrounding areas, support hotlines and peer support services |
| Airdrie Regional Health Center: Sexual and Reproductive Health | Everyone | Information, phone numbers | Walk-ins: STI/HPV/Syphilis testing, pregnancy tests, emergency contraception etc. |



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| Calgary Sexual Assault Response Team | Everyone | Information, phone numbers | Sheldon M Chumir Clinic: Comprehensive care to individuals who have experienced sexual assault or abuse within the last 72 hours |
| Mothers of Sexually Abused Children | Mothers | Information, support, resources, other links | designed specifically for mothers who have experienced the sexual abuse of one of their children |
| Information Guide for Victims of Sexual Assault | Everyone | Information | What to do, what to expect from the justice system, court/trial, financial benefits |
| Association of Alberta Sexual Assault Services | Everyone | Information, other links | Self care, tell or not, need help now, support guides, section for men assaulted |
| Kids In the Know | Everyone (Parents) | Information, resources (activities) | An interactive safety education program for increasing the personal safety of children and reducing their risk of sexual exploitation |
| Commit To Kids | Parents, organizations | Information, resources | Program designed to help organizations create a safe environment for children (preventing child sexual abuse) step by step plan to help prevent sexual abuse from happening |

SUICIDE:

If you or someone you know may be impacted by suicide, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
|---|-------------|------------------------|---|
| Center for Suicide Prevention | Everyone | Education, Information | Equips individuals/organizations with info, knowledge, skills necessary to respond to the risk of suicide... "In crisis" click here leads to suicideprevention.ca |
| Kids Help Phone | Kids, Teens | information, support | Violence and Abuse, Bullying, Friends, Dating, Family, Sexual Orientation, School, Physical/Emotional Health, Internet, Money and Jobs. Confidential place for them to talk |



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| Canadian Association for Suicide Prevention | Everyone | Information, support, resources | Help for people thinking of committing suicide and survivors of suicide |
| Your Life Counts | Everyone | Information, online support | Support/ information for those thinking of suicide, how to help for supporters, support for survivors. |
| Befrienders Worldwide | Everyone | Information, support, other links | Emotional support to those thinking of suicide, information on suicide, support for bereaved |
| Metanoia | Those thinking of suicide | Information, support, | Information on how to get help when thinking of suicide, additional information on suicide and coping |
| Alliance of Hope | Survivors | Information, support | helping support those grieving loss by suicide |
| Suicide.org | Anyone | Information | If you are suicidal, have attempted suicide, or are a suicide survivor, you will find help, hope, comfort, understanding, support, love, and extensive resources here. |

SUPPORT – GENERAL:

If you or someone you know needs a crisis support line, legal guidance or LGBTQ support, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

| | | | |
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| Airdrie Food Bank | Anyone | Local Food Bank Information | The Airdrie Food Bank collects & distributes food to those in need and educates the community on hunger related issues. |
| Airdrie Meals on Wheels | Seniors, persons recovering from illness or injury, persons with special needs, those whose caregivers are temporarily away | Program Information | Airdrie Meals on Wheels Society is a non-profit society that has provided nutritious meals to the citizens of Airdrie since 1983. |



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| Big Brothers, Big Sisters | Anyone wishing to become a mentor or looking for a mentor | Program Information | Big Brothers Big Sisters serving Airdrie and Rocky View County is founded on mentoring as a proven strategy for child and youth resiliency, future orientation and social support. |
| Boys & Girls Club of Airdrie | Children, Youth, & Families | Program Information | To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life. |
| Distress Center | Everyone | Hotline, Support | Confidential crisis line |
| Connect Teen | Youth | Hotline | Confidential peer support service for youth in the Calgary area |
| North Rocky view Community Links | Everyone | Information, support, other links | Provides support and services to individuals and families in Airdrie and surrounding areas |
| Kids Help Phone | Kids, Teens | information, support | Violence and Abuse, Bullying, Friends, Dating, Family, Sexual Orientation, School, Physical/Emotional Health, Internet, Money and Jobs. Confidential place for them to talk |
| Calgary Immigrant Women's Association | Women | Support, other links | Recognizes, responds and focuses on the unique concerns and needs of immigrant/refugee women, girls and their families |
| Calgary Counselling Center | Everyone | Support, program information | Affordable counselling services |
| Calgary Legal Guidance | Victims | Information, legal guidance | Family Issues, Criminal Issues, Civil Issues, Restraining/Protection Orders, Social Benefit Issues (AISH, EI, CPP) |
| Legal Aid Alberta | Victims | Information | Provide cost effective legal services for Albertans in need |
| Inform Alberta | Everyone | Directory- other links | Bringing people and services together- online service directory |
| Direct to Tenant Rent Supplemental Program | Low Income | Information, numbers | Government subsidy to help cover rent costs, must be deemed an eligible candidate |
| If the Media Calls: A guide for Crime Victims & Survivors | Crime Victims & Survivors | Information | This Guide is intended to help crime victims and survivors work effectively and comfortably with the media (or to decline to do so). Interacting with the media following victimization is a significant decision for crime |



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| | | | victims as media exposure can positively or negatively impact your recovery process. |
| LGBTT2Q | | | |
| Calgary Out link: Centre for Gender and Sexual Diversity | LGBTT2Q | Information, support, resources | Support groups for those who are LBGTT2Q |
| YouthSafe | LGBTT2Q | Information, support, resources | Violence prevention services for LGBT, counseling services tailored to LGBT |

PET ABUSE:

If you or someone you know has been impacted by pet abuse, the following links may be of interest to you. The information on these links are not comprehensive or intended to take the place of your formal and informal support systems. If you require further assistance, please feel free to call Airdrie and District Victims Assistance Society at 403-945-7290.

Website Name Who is this for? Type of Support Description

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| Canadian Veterinary Medical Association | Everyone | Information | Info on the link between animal abuse and child/partner abuse as well as signs of animal abuse |
| Canadian Federation of Humane Societies | Everyone | Information | The violence link, effects, what they can do, safety planning for pets and people |
| Alberta Society for the Prevention of Cruelty to Animals | Everyone | Information, other links | The violence link, downloaded documents on animal violence |
| Calgary Humane Society | Victims | Information, numbers | Emergency Pet Boarding- referred by a social worker, police, ems or fire. |
| National Link Coalition | Everyone | Information, other links | The violence link, what to do etc. |